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For Immediate Release

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BILTMORE HOSTS TOTAL PERFORMANCE GOLF OPEN HOUSE

Learn to swing using state-of-the-art 3D technology

MIAMI, FL – November 4, 2009 – Ready to take the guesswork out of your golf game? Swing your way to the Biltmore Hotel on **Wednesday, November 11th** for a **Total Performance Golf Open House** from 5 p.m. to 7 p.m. Total Performance Golf (TPG) offers the ultimate golf learning experience by combining swing efficiency, physical conditioning and equipment fitting. TPG utilizes state-of-the-art 3D technology and a team of golf instructors, physical therapists and fitness trainers certified by the *Titleist Performance Institute*, the leaders in elite player development.

TPG utilizes high-tech evaluation processes pioneered by the *Titleist Performance Institute*. Golfers undergo a complete array of tests usually reserved for the best players in the world. By assessing a total picture of your body, swing and equipment, our team can devise a program that will help optimize performance in a measureable and enjoyable way. The program's ultimate goal is a fresh approach to the game, lower scores and long-term wellness on and off the course.

"Most golfers today are over taught and under trained," says TPG founder Justin Bruton. "No amount of practice can compensate for a body that cannot perform the functional movements of the swing. It makes no sense to teach a swing correction to someone who is physically unable to perform it," he added.

Come see for yourself the future of golf instruction! The Total Performance Golf Open House is free to the public. For more information, email jbruton@biltmorehotel.com or call 305-445-1926 ext. 2337. The Biltmore Hotel is located at 1200 Anastasia Avenue in Coral Gables, Florida.

About The Biltmore:

The Biltmore, Miami's National Historic Landmark hotel in Coral Gables, Florida is a true luxury destination resort. Offering a restored Donald Ross 18-hole, 71 par championship golf course, tennis, the largest hotel swimming pool in the country, with private poolside cabanas, a European spa, and an award-winning fitness center, spread over a 150-acre tropical landscape, the 275-room hotel is a true Miami luxury experience. The Biltmore also boasts the acclaimed Palme d'Or, which Zagat called one of the best restaurants in the country; Fontana, a Northern Italian restaurant surrounding the Biltmore fountain; the poolside Cascade restaurant; and the Biltmore Bar. The property recently unveiled its Culinary Academy which offers an array of hands-on cooking classes taught by the hotel's acclaimed chefs. The Biltmore is a member of the Leading Hotels of the World. For further information, visit www.BiltmoreHotel.com or call (800) 727-1926.

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