

# Massage Therapies

## Signature Chardonnay Massage

Customized to your specific needs, this massage aims to reduce tension, induces deep relaxation and also fights aging of the skin through the use of Chardonnay Grape Seed Oil, one of the most powerful antioxidants found in nature.

50 minutes \$150 / 70 minutes \$190 / 90 minutes \$235

## Earth Stone Massage

Be lulled into a deeper level of peace and tranquility with the heat emitted from smooth river stones penetrating deeply into muscles, melting away tension and built-up stress. The combination of hand and stone massage, along with stone placement and pressure, creates a sense of balance and calm. This massage induces deep relaxation while the reviving aroma of peppermint energizes body and mind.

70 minutes \$190

## Therapeutic Deep Tissue Massage

Combining deep tissue techniques with hot pack therapy, this treatment is directed toward specific areas of stress and imbalance. The massage oil infused with extracts of orange and clove enhances the experience by warming sore muscles and relieving aches and pains.

50 minutes \$150 / 70 minutes \$190 / 90 minutes \$235

## Divine Duo for Couples

Side by side in a private treatment suite, amidst relaxing music and alluring Chardonnay scent, enjoy a Signature Chardonnay massage or a relaxing bath followed by a massage with a loved one. Whichever you choose, you will surely treasure this time together. Finish off this divine experience by sharing some deeply rich chocolates in our relaxation lounge.

50 minutes \$320/couple (Massage only)  
70 minutes \$360/couple (Bath & Massage)  
70 minutes \$400/couple (Massage only)  
90 minutes \$490/couple (Bath & Massage)

## Thai Massage

Discover this ancient technique, which incorporates stretching and energy line compressions to restore balance to the entire body. Benefits of a Thai massage include increased flexibility, improved physical performance in golf and other sports, as well as a deep sense of relaxation. Performed on a mat without oil, a Thai massage requires that you wear loose-fitting, comfortable clothing.

70 minutes \$190 / 90 minutes \$235

## Aroma Swedish Massage

A relaxing and calming medium pressure massage to melt away stress and revive the senses.

50 minutes \$140 / 70 minutes \$190 / 90 minutes \$225

## Prenatal Massage

This deeply relaxing and skin-nourishing prenatal massage relaxes the lower back muscles, increases circulation and reduces muscle soreness. Only available after the first trimester.

50 minutes \$140 / 70 minutes \$180

## Moroccan Oil Scalp Massage

If time is of the essence, this intensive treatment will provide immediate tension release to the head as well as nourish your scalp and indulge your senses. Using the famous Moroccan Oil nourishing mask, this treatment not only combats stress but will also leave your hair lustrous and healthy. It is like getting two treatments in one!

30 minutes \$90

## Biltmore Foot Massage

Instantly lift heaviness and achiness from the feet and lower legs by combining various techniques to fully relax you after a long trip, a serious round of golf or even a shopping spree. Compressions with steamy towels finish this divine experience.

30 minutes \$90

# Facials

## Age Defier

This anti-aging facial strengthens the collagen structure by combining an enzyme exfoliation, a sculpting massage and collagen mask as well as a firming thermo-modelage mask. A unique eye treatment with glacier crystals and a deeply relaxing hand and arm massage completes this memorable experience, leaving you looking and feeling your best.

70 minutes \$190

## Advanced Repair Facial

An exfoliation with multi-acid peel on the face, neck and décolletage reveals a more youthful appearance, while a deep-cleansing massage promotes circulation followed by an algae peel-off mask to soothe, balance and nourish the skin. The Advanced Repair Facial corrects skin concerns and restores your skin to a bright and healthy glow.

70 minutes \$190

## Regenerating Facial

The Regenerating Facial combines the benefits of a deep cleansing and exfoliation together with a highly active multivitamin ampoule facial massage. A deeply hydrating or purifying mask leaves your skin looking fresh, plumped and supple.

50 minutes \$150

## Men's Purifying Facial

A deep-cleansing facial tailored for a man's skincare needs. Gentle extraction and a de-stressing face and scalp massage relax the mind and body while the purifying mask refines the pores.

50 minutes \$150

## Refresher Facial

Ideal for those looking for a quick pick-me-up. A gentle cleansing, exfoliation and mask leave the skin soft and soothed with an instant surge of moisture. This facial does not feature extractions.

30 minutes \$90

# Body Treatments

## Signature Chardonnay Scrub

Experience the benefits of wine therapy for your skin. Using Chardonnay grape-seed extract, this full body exfoliation features a natural sugar scrub rich in antioxidants, blended with shea butter and natural oils to not only exfoliate but also deeply nourish and protect. The skin is left supple and glowing with newfound radiance.

30 minutes \$90

## Lavender Salt Scrub

Providing a unique sensory relaxing experience, this unique salt blend with lavender and green tea essential oils relaxes the body and soothes the mind. Featuring antioxidant properties, the Lavender Salt Scrub leaves your skin feeling smooth and replenished. This is the perfect add-on to any massage.

30 minutes \$90

## Antioxidant Foam Wrap

After a salt snowflake exfoliation, a rich foam mask is applied to the skin before the body is wrapped to allow full absorption. This full-body mask is rich in antioxidants that promote skin regeneration, supplying dehydrated and depleted skin with lasting moisture. Made with Champagne extract, your skin will be left intoxicatingly fragrant.

50 minutes \$150

## Volcanic Mud Wrap

This detoxifying treatment begins with a loofah exfoliation to cleanse the skin before the application of the warm volcanic mud. While you are cocooned in this nourishing, firming and detoxifying wrap, enjoy a deeply relaxing scalp massage. The treatment is completed by an application of a multivitamin body cream.

70 minutes \$180

# Zen Spa Suite

Introducing the Zen Spa Suite, a private retreat designed with sheer luxury and relaxation in mind. Amidst candlelight, soothing music and the alluring scent of essential oils, let our therapists focus on your well-being in this personal sanctuary. The Zen Spa Suite features your own changing area, sauna and multi-jets shower and a relaxing soaking Jacuzzi. There is a refreshment bar with fresh-cut fruit and an assortment of coffee and tea, a flat-screen television, private relaxation area and views of palm trees, pool and golf course. Come to the Zen Suite to enjoy a well-deserved "just for me" time or to share a special occasion with a loved one, to instill some relaxation and romance into the buzz of everyday life or to gather as a small group to celebrate the milestones in your life. Reserve your private suite for two hours, four hours or a full day, then simply choose the Spa treatments or salon services you would like to receive.\*

## Two-Hour Zen Suite Rental \$200

One 50-minute Spa treatment minimum per person

## Four-Hour Zen Suite Rental \$300

Two 50-minute Spa treatments minimum per person

## Eight-Hour Full-Day Zen Suite Rental \$400

Three 50-minute Spa treatments minimum per person

\*Treatments and salon services are reserved and charged separately.

